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About The Author Dr. Pierre Dukan is a French medical doctor with more than forty years of experience in clinical nutrition. He began his medical career specializing

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I was approached a while ago to see if I was interested in checking out the Dukan Diet & a few of the products that go along with the diet. Well, of course I said, YES.

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Devised by Dr Pierre Dukan, a French medical doctor who has spent his career helping people to lose weight permanently, The Dukan Diet Made Easy .

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