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Loren w. christensen (author of the fighter's

Loren W. Christensen is a Vietnam veteran, retired police officer, a martial artist followed by galleys for my newest martial arts book, Solo Training 3: 50 And

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5.1.1 Prince Ital Joe and Marky Mark; 5.1.2 Solo release In another incident, the 21-year-old Wahlberg fractured the jaw of a neighbor in an unprovoked attack . and Babylon) courtesy of Frank Peterson and Alex Christensen as producers. Training Institute near Pahrump, Nevada, and was able to hit a target at 1100

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Loren w. christensen (@lorench) | twitter

The latest Tweets from Loren W. Christensen (@LorenCh). Solo Training 3: For Martial Artists Over 50 due out in about three weeks. shooting the last photos for a new book called Solo Training 3: For Martial Artists 50, 60, 70, and older.

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